



The 40-Day Prosperity Plan

Based on Universal law, your outer world of form and experience is a reflection of your inner world of thoughts and feelings. As above, so below. As within, so without.

The greater your awareness of the Presence of the Divine within you, the more that Presence fills your consciousness. The deeper your understanding of Spirit as the Source, Substance and Activity of your supply, the more permanently that Truth will be etched in your consciousness.

It is your spiritual consciousness--your Knowledge of the Presence of the Divine within you as total and complete fulfillment—that allows you to deeply trust that you are always cared for, that the Universe has your back!

Every human being came to earth with unique and magnificent gifts to offer the world, and so very often, those gifts remain hidden as the person focuses on “making money,” often at the expense of their joy and freedom.

When you deeply feel the Source of your supply to be inseparable from who you are in your essence, it changes everything. You feel more courageous and able to take

risks, and you can focus on the giving, which then opens up the portal to receiving.

As you work with the principles below, please substitute the word “universe” for God or Divine if you have any resistance to those words.

The 40-day prosperity plan is a program developed by John Randolph Price and written about in his famous book, *“The Abundance Book.”* Its purpose is to help you realize abundant prosperity in your life and business.

It is necessary to do this for 40 days so that you deepen your embodiment of these truths. Any interruption during the 40 days period would stop the energetic current around abundance that the program activates.

If you are going to do this, do it wholeheartedly, and you will see results that are beyond your wildest dreams---beyond the limiting set point you have unconsciously set for yourself. If you miss one day, it is necessary that you begin again from the beginning and until you completed the 40 days without interruption.

Steps to follow:

1. Determine a specific date from which you will begin this program, for example at the beginning of week. Count 40 days starting from this date on your calendar and determine the date of completion.
2. Take some time to prepare your “Letter of Abundance,” which you will write to yourself, stating

what is positively true about the following aspects of your life, from the standpoint of all possible abundance being available to you:

- o material life
- o family life
- o love life
- o professional life
- o spiritual life
- o health

What are the aspects you wish to part from? (Bad habits, aspects of character, anxiety and fear, insecurity.....)

Some principles to formulate your sentences:

- o Formulate affirmations in the present---“I am easily paying all bills on time, with money left over to put into savings and pay down debt.”
- o Formulate affirmations as precisely as possible with as many details as you can. Avoid limiting yourself by quoting the name of people, places, money sums or dates, but be precise on that which you desire deeply!
- o Formulate affirmations which bring one positive thought (for example. if you are sick, write “I am in good health” and if you have debts, write “I am free of debt”).

When you are certain that the letter is complete, seal it and do not look at it during the 40 days of the plan of Abundance.

3. At the first day of the program, note the following assertion in your spiritual journal:

“This day (insert the date), I cease believing in visible money as my supply and my support, and I view the material world such as it truly is... simply a representation of my old beliefs. I believed in the power of money and therefore surrendered my God-given power and authority to a material belief. I believed in the possibility of lack, thus causing a separation in my consciousness from the Source of my Abundance. I believed in the mortality of man and his carnal conditions; and through this faith gave man and human conditions power over me. I believed in the mortal illusion created by the collective consciousness of error of thoughts and in doing so, I have limited the Unlimited. No more of that! This day I renounce my so-called human condition and proclaim my Divine inheritance as a Being of God. This day I recognize God and only God as my substance, my supply and my support.”

4. There are 10 principles of Abundance. Read one principle per day, and when you get to 10, you begin again, doing all 10 principles 4 times.
5. The principle of the day will be read twice per day (morning and the evening). Meditate on the principle while focusing on the essence of its meaning with great

thoughtfulness and feeling, allowing the idea to penetrate and fill your consciousness.

6. When you finish your two daily meditations, note in your journal the thoughts that come to you. Be sure to do this each day!
7. Some suggestions to guide you during this program.
 - o Understand that you are not DOING something. You are allowing Abundance to be expressed. Abundance is already an integral part of your true nature.
 - o Abundance already exists: it is enough to be in total confidence and to release, detach, and to stop controlling things, people, and events. Be conscious that critical and negative thoughts slow down the benefits intended, whereas a state of consciousness based on love and confidence accelerate the expression of abundance.
 - o It is necessary to circulate money and anything else tangible: we not only happily receive; we also give to others.
 - o Be aware that it is important to pay all daily invoices and expenditure with pleasure and gratitude.
 - o Circulate the money according to your means: it is not thus a question “of throwing money down the drain”; however, you do not deprive yourself of something which you wish deeply for fear of missing money later, as that is a mindset of lack.

- o Respect money in the way you speak about it and relate to it, refraining from using any depreciative terms for “money”.

8. Money is an effect. If you concentrate on the effect, you forget the cause and begin to lose power because you are cut off from Source. If you place your attention on “receiving” money, you are cutting yourself off from Source. Place your attention on Source, so that you are one with the cause of Abundance.

9. You must discipline yourself to cease believing that money is your Source of security, support and safety. Staying attuned to the fact that the Divine is the Source and substance of all you need, you begin to integrate this truth and relax in your life.

10. When distress, anger, fear and any other negative emotions arise, consciously connect to the Source and Substance of all abundance by replacing those emotions with the awareness of the principles.

11. When Abundance starts to express itself, remain humble! You are merely a channel receiving Abundance, and not the Source.

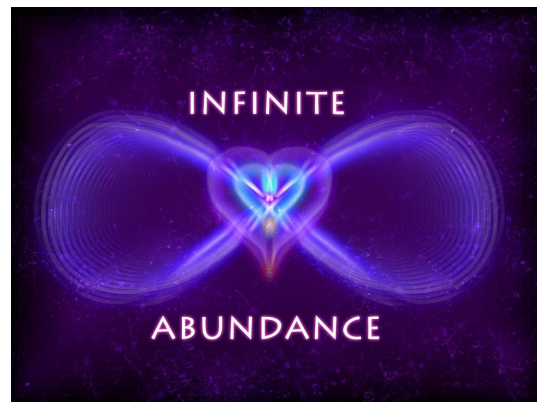
12. Do not try to control the way in which abundance will come to you. Allow yourself to be surprised.

13. It is the will of the Divine that you prosper, and we are all children of Abundance.

14. Abundance in the physical world is a representation of the consciousness of prosperity within you. The more your consciousness is raised, the more prosperity you allow in.

15. Begin with gratitude, rather than waiting to receive. Gratitude is one of the most important ingredients of raising your money consciousness.

16. Do not speak about this program of Abundance with others while you are going through it. It is not a matter of keeping a secret, for you may share heartily afterwards, with all the wonderful results. The point is to keep this work you are doing sacred and void of ego traps attempting to impress others.



Here are the 10 principles as given to us by John Randolph Price. Remember to substitute “universe” if you have resistance to the word God:

1. God is lavish, unfailing Abundance, the rich omnipresent substance of the Universe. This all-providing Source of infinite prosperity is individualized as me — the Reality of me.

2. I lift up my mind and heart to be aware, to understand, and to know that the Divine Presence I AM is the Source and Substance of all my good.
3. I am conscious of the Inner Presence as my lavish Abundance. I am conscious of the constant activity of this Mind of infinite Prosperity. Therefore, my consciousness is filled with the Light of Truth.
4. Through my consciousness of my God-Self, the Christ within, as my Source, I draw into my mind and feeling nature the very substance of Spirit. This substance is my supply, thus my consciousness of the Presence of God within me is my supply.
5. Money is not my supply. No person, place or condition is my supply. My awareness, understanding, and knowledge of the all-providing activity of the Divine Mind within me is my supply. My consciousness of this Truth is unlimited, therefore, my supply is unlimited.
6. My inner supply instantly and constantly takes on form and experience according to my needs and desires, and as the Principle of Supply in action, it is impossible for me to have any unfulfilled needs or desires.
7. The Divine Consciousness that I am is forever expressing its true nature of Abundance. This is its responsibility, not mine. My only responsibility is to be aware of this Truth. Therefore, I am totally confident in letting go and letting God appear as the abundant all sufficiency in my life and affairs.

8. My consciousness of the Spirit within me as my unlimited Source is the Divine Power to restore the years the locusts have eaten, to make all things new, to lift me up to the High Road of abundant prosperity. This awareness, understanding and knowledge of Spirit appears as every visible form and experience that I could possibly desire.

9. When I am aware of the God Self within me as my total fulfillment, I am totally fulfilled. I am now aware of this Truth. I have found the secret of life, and I relax in the knowledge that the Activity of Divine Abundance is eternally operating in my life. I simply have to be aware of the flow, the radiation, of that Creative Energy, which is continuously, easily and effortlessly pouring forth from my Divine Consciousness. I am now aware. I am now in the flow

10. I keep my mind and thoughts off "this world" and I place my entire focus on God within as the only Cause of my prosperity. I acknowledge the Inner Presence as the only activity in my financial affairs, as the substance of all things visible. I place my faith in the Principle of Abundance in action within me.